

# LEVEL 2 MENTAL HEALTH ASESMENT

Student: \_\_\_\_\_ Age: \_\_ Grade: \_\_\_ School: \_\_\_\_\_

Mental Health Practitioner: \_\_\_\_\_ Date: \_\_\_\_\_

This tool is to be used during a Level 2 team threat assessment and in conjunction with other threat assessment protocols conducted by a school education lead and a school resource officer (or other law enforcement officer). It is to be used in the assessment, intervention, and supervision and management of threatening or dangerous circumstances involving students. It is not a prediction of future violence, nor is it a foolproof method of assessing an individual's short or long-term risk of harm to others. Since it is an examination of current circumstances (and as these circumstances change, so too does concern for aggression), please review the contents while being mindful of supervision, intervention, and the passage of time.

## Individual

Escalating  De-Escalating  Stable

1. Early behavior problems (<age10): \_\_\_\_\_
2. Risk taking: \_\_\_\_\_
3. Problems managing aggression: \_\_\_\_\_

## Family

Escalating  De-Escalating  Stable

4. Severe marital/family strife: \_\_\_\_\_
5. Family aggression in community: \_\_\_\_\_
6. Anti-social parents/guardians:  
\_\_\_\_\_
7. Poor parenting practices (e.g., lax/punitive): \_\_\_\_\_
8. Child maltreatment (e.g., neglect/physical abuse): \_\_\_\_\_
9. Domestic violence: \_\_\_\_\_
10. Family endorses violence: \_\_\_\_\_
11. Sibling delinquency: \_\_\_\_\_
12. Early parent-child separations: \_\_\_\_\_
13. Poverty: \_\_\_\_\_

**Peer/Community**

Escalating  De-Escalating  Stable

- 14. Poor peer relations (unpopular): \_\_\_\_\_
- 15. Delinquent peers: \_\_\_\_\_
- 16. Availability of firearms: \_\_\_\_\_
- 17. Peers/adults endorse violence: \_\_\_\_\_

**School**

Escalating  De-Escalating  Stable

- 18. Frequent disciplinary problems: \_\_\_\_\_
- 19. Truancy/skipping school: \_\_\_\_\_
- 20. Low commitment to school: \_\_\_\_\_
- 21. Poor grades: \_\_\_\_\_

**Alcohol**

Escalating  De-Escalating  Stable

- 22. Early alcohol/drug use (6–11yrs.): \_\_\_\_\_
- 23. Serious substance use: \_\_\_\_\_
- 24. Sells drugs: \_\_\_\_\_

**Mental Health**

Escalating  De-Escalating  Stable

- 25. Hyperactive/impulsive/inattention: \_\_\_\_\_
- 26. Depression: \_\_\_\_\_
- 27. Anxiety: \_\_\_\_\_
- 28. Thought disorder: \_\_\_\_\_
- 29. Other: \_\_\_\_\_

**Delinquency**

Escalating  De-Escalating  Stable

- 30. Early police contacts (6–11yrs.): \_\_\_\_\_
- 31. Prior arrests/convictions: \_\_\_\_\_
- 32. Gang membership (current/past/desired): \_\_\_\_\_
- 33. Aggressive/violent offense(s): \_\_\_\_\_

**Weapons**

Escalating  De-Escalating  Stable

- 34. Has used weapons to harm others: \_\_\_\_\_
- 35. Has attempted to procure weapons: \_\_\_\_\_

**Inventory of Aggressive/Violent Behavior**

Escalating    De-Escalating    Stable

- 36. Unusual interest in violence: \_\_\_\_\_
- 37. Aggression causing serious injury: \_\_\_\_\_
- 38. Frequent acts of aggression: \_\_\_\_\_